Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	Ernest R Graham K-8 Academy / 5051
Principal:	Ms. Barbara Viñas
Phone Number:	305-825-2122
School Wellness/Healthy School Team Leader:	Ms. Tania Gutierrez
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Barbara Viñas, Principal Tania Gutierrez, Assistant Principal Ana Herrera, Assistant Principal/Team Leader Elizabeth Linaes, Community Involvement Specialist Elder Rodriguez, School Nurse Ania Bello, Cafeteria Manager Jacob Cabrejos, Student Representative Ernesto Wong, P.E. Teacher Paola Cabrejos, Parent Mildred Valdes, Teacher Sandra Alemany, Teacher Maria Pumar, Teacher Rosa Sanchez, Teacher Elaine Romero, Teacher Alay Soto, P.E. Teacher Ivon Palomino, Volunteer Raquel Bermudez, Volunteer
Committee Meeting Dates (list at least 4):	9/29/2026, 12/15/2026, 1/12/2026, 4/20/2026
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☒Physical Activity ☒Health and Nutrition Literacy ☒Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** • Promote free breakfast and good eating habits • Provide healthy lunch and snacks daily to students and staff through the cafeteria

	Physical Education: • Fitness Gram Testing • Field Day • Lifetime Kids Run Miami **Physical Activity:** • Provide students with a sports program after school. • Volleyball, Soccer, Basketball, Dance, Cheerleading **Health and Nutrition Literacy:** • Implementing a garden to table program • Bring awareness to the nutrition value of the school garden by putting more on our social media Sites **Preventive Healthcare:** • Organize Vaccinations for students • Organize vision, hearing, and scoliosis screenings for eligible students • Bring in a few more teachers/employees into the school wellness activities
Sustainability Practices:	• Implementation of recycling programs for paper, cardboard, and plastics • Energy conservation practices such as turning off lights, computers, projectors, and other equipment when not in use.
Community Engagement:	Collaborate with community agencies and groups to provide valuable resources for student health and learning.

Monitoring and Evaluation:	The School Wellness/Healthy School Team Leader will ensure that our school is meeting the policy by ensuring that our Wellness /Health initiatives are successfully implemented; • reinforce the policy goals with school staff; • assess how well the policy is being managed and enforced; • recognize policy success milestones; and • periodically update and amend a policy as required.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	